

Capoeira Coaching Qualifications within European Qualification Frameworks

Who are Capoeira coaches??

In general, the coach is an exercise and sports specialist who by way of formation of behavior habits, and physical and mental exercises, manages achievement of athletic goals that support human health. The task of a coach is comprehensive, effective and safe development of athletic and physical abilities. Coaching requires a sense of responsibility, creativity, need for achievement, accuracy and honesty. Periodic efficient upgrading of knowledge and skills supporting the coaching and transfer of experiences and knowledge to colleagues. Important is the ability to influence trainees with personal examples.

The coach works independently, as a member or a leader of the team involving various specialists.

WCF selects cadets with these abilities and qualifies them within European Qualification Framework (EQF).

What is European Qualification Framework (EQF)?

The European Qualifications Framework (EQF) is a common frame of reference that relates the qualification systems of countries to each other whose purpose is to make qualifications more understandable across different countries and systems. EQF acts as a translation device to make national qualifications more readable across Europe, promoting workers' and learners' mobility between countries and facilitating their lifelong learning. Individuals and employers will be able to use the EQF to better understand and compare the qualifications levels of different countries and different education and training systems. Since 2012, all new qualifications issued in Europe carry a reference to an appropriate EQF level.

The implementation of the EQF was based on [the Recommendation on the European Qualifications Framework for lifelong learning](#) adopted by the European Parliament and the Council on 23 April 2008.

By April 2018, [35 countries](#) had formally linked their national qualifications frameworks to the EQF: Austria, Belgium (Flanders and Wallonia), Bulgaria, Croatia, Cyprus, the Czech Republic, Denmark, Estonia, Finland, the Former Yugoslav Republic of Macedonia, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Kosovo, Latvia, Lichtenstein, Lithuania, Luxembourg, Malta, Montenegro, the Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Sweden, Switzerland, Turkey and the United Kingdom (England, Scotland and Wales). The remaining countries are expected to follow in future years.

The EQF also comparable with Australian Qualifications Framework (AQF), the New Zealand Qualifications Framework (NZQF) and the Hong Kong Qualifications Framework (HKQF).

What is Capoeira Coaching Qualification within European Qualification Framework and what is the role of WCF in this project?

In cooperation with the Estonian Olympic Committee, the Estonian Foundation of Sport Education and Information and Estonian Capoeira Federation, the World Capoeira Federation (WCF) and the Colleague of Sport and Fitness of Australia (CSF) provides implementation and coordination support for the sport speciality part of the Capoeira Coaching Qualification.

The curriculum and content of Capoeira Coaching Qualification were adopted by the Estonian Olympic Committee which referenced it to the EQF. It should be noted that since 2011 Estonian qualifications have been linked to the European Qualifications Framework.

In a word, when you obtain Capoeira Coaching Qualification from WCF you take Capoeira Coaching Qualification of the European Qualification Framework that recognized in all European countries

Levels of qualification for Capoeira coaches will be followings:

EQF 3 - Assistant coach

EQF 4 - Junior coach

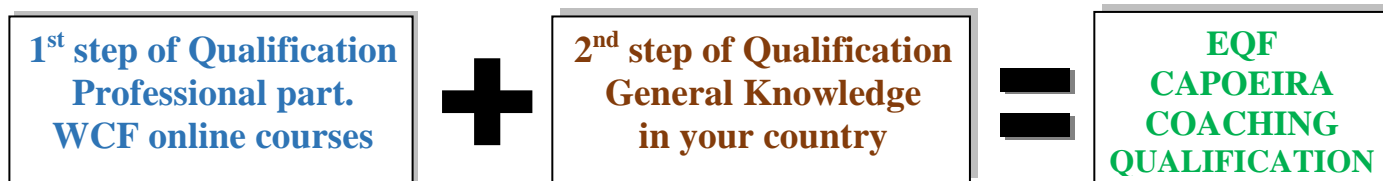
EQF 5 – Coach

How EQF works for Capoeira coaches?

Each Capoeira qualifications level of EQF consists of 2 steps.

In the first step Coaches should successfully complete online courses organized by WCF and should pass examinations.

In the second part Coaches should participate in seminars in their countries taking “general knowledge” like biology, medicine, pedagogy, psychology, organization, finance and law.



Requirements of the EQF Capoeira Coaching Qualification will be followings:

Level education	Capoeira sport speciality hours	General knowledge hours	Total hours education	Other criteria
EQF 3 Assistant Coach	30 hours	30 hours	60 hours	Age not less than 18 years Experience in Capoeira minimum 5 years
EQF 4 Junior Coach	50 hours	50 hours	100 hours	1st level coaching qualification in Capoeira At least 1 year working experience in I level or Higher education in exercise and sports At least 60 hours complementary education in past 4 years
EQF 5 Coach	70 hours	70 hours	140 hours	2nd level coaching qualification in Capoeira At least 3 year working experience in I and II level or Higher education in exercise and sports obtained in past 5 years At least 60 hours complementary education in past 4 years At least 1 year working experience on II level or Higher education in exercise and sports obtained 6 years or more ago At least 5 years working experience during the past 8 years

Why the EQF is important and what are benefits?

1. EQF qualifications provides an opportunity to obtain a coaching license in European countries where a person has Capoeira coach activity.
2. EQF supports cross-border mobility of Capoeira coaches and lifelong learning across Europe. It means your Capoeira Coaching Qualification will be recognized and welcomed in approximately all European countries, even in many other countries in the world.
3. The EQF increases the competitiveness of the coach, increases the ability to find a work as sport specialist.
4. Qualification provides an opportunity to work with youth, participate in youth policy that is produced in the country and therefore to find funding for their professional coaching work.

Who can participate?

The course content is open for everyone and all Capoeiristas over 18 years old with at least **5 years** of capoeira practice can participate in the courses by applying Home National Federation.

What is the process of participation?

1. If the Home National Federation decides that the Capoeirista is competent to participate in the course, then he/she is given a registration form.
2. After the registration form is filled out properly it should be sent to the Home National federation
3. After confirmation of registration form a participant is given login and password of the relevant course level.
4. Each level of Qualification consists of 8 (eight) modules. Participant can switch between modules without completion any module, later to return to any module again. Questions are in the multiple answers, with the answer TRU or FAULSE and OPEN QUESTIONS that means empty space to insert an answer manually, without option to select answer. There is also requirement to upload participant's video as a practical part of the courses.
A participant has 4 (four) month to take open online courses. To upload his/her videos and to put relevant answers to all questions.
5. Upon fulfilling the requirements of the course, the participant's result will be saved in the database, and after paying the attendance fee, it will be checked by the Education and Coach Commission of WCF and the CSF. **It's important to remember, that only the result of WCF individual members who has data record in WCF website is subject to be checked.**
6. Based on the results of exams, an appropriate TSA (Transcript of Competencies Achieved) and a certificate are issued.

Who will award certificates?

1. Transcript of Competencies Achieved and the Certificate of graduation will be awarded by the WCF (World Capoeira Federation) and CSF (Colleague of Sport and Fitness of Australia), as the courses are organized mutually by these institutions.
2. Certificate of attendance of courses of General Knowledges. This certificate will be awarded by relevant institution in your country which designated by the authorized State Sport Organ. For example, in Estonia it is Tallinn Pedagogical University.
3. And finally, Capoeira coach license will be awarded by the relevant Sport Organ in your country which was authorized to Qualify sport specialist within EQF. For example, in Croatia it is Ministry of Science, Education and Sports, in Estonia it is Estonian Olympic Committee etc.

How can I apply?

Apply to your Home National Capoeira Federation to participate in the courses and follow the participation instructions described above.

You can directly apply to WCF by email to: info@capoeira.ws if you do not have National Capoeira Federation in your country which is connected to WCF.

If you are not yet an individual member of the WCF, follow the link and sign up online right now:

<https://www.capoeira.ws/new-member/>